



**REILY**  
FOUNDATION

connection · communication  
collaboration · capacity

"This workshop has been  
life changing"  
- Rachel mother of 3  
This FREE series  
contains crucial  
information for those  
who have recently  
had their children  
placed on an order.



# Showing Up for your kids

A WORKSHOP SERIES TO SUPPORT REUNIFICATION

1

Showing Up  
for DCP

How to navigate the  
Child Protection  
system

2

Showing Up  
for Court

How to navigate the  
legal system

3

Showing Up  
for Life

How to navigate life  
with trauma

4

Showing Up  
for your children

How to navigate  
access visits

Sign up for a series today

TERM 3 2022: 10/8, 17/8, 24/8, 31/8

TERM 4 2022: 2/11, 9/11, 16/11, 23/11

Registration is for all 4 sessions; Wednesdays from 10am-12pm

remaining  
dates for  
2022

THIS SERIES IS FOR PARENTS WHO HAVE HAD THEIR CHILD(REN) PLACED ON A GUARDINASHIP ORDER IN THE LAST 6 MONTHS OR ARE AT RISK OF SUCH AN ORDER. IT IS FREE & INCLUDES MORNING TEA.

TO REGISTER OR MAKE ENQUIRIES, CALL: 70924428,

EMAIL: WORKSHOPSERIES@THEREILY.FOUNDATION,

SEARCH:WWW.THEREILY.FOUNDATION



## The Reily Foundation

# Showing Up workshop series

A workshop series to support reunification.

## Overview

This workshop series equips parents with vital knowledge and tools to support navigation of the DCP, legal system and access visits in a safe and understanding environment.

## Specifications

- 4 x 2 hour sessions
- morning tea included
- all materials and take home resources supplied.
- max 12 participants/ workshop

## Goals

1. To increase parent understanding, awareness and engagement with the legal rulings and Department expectations required for reunification;
2. To increase parent capacity, communication and collaboration with DCP;
3. To empower parents to identify and actively change what they are able to change and to positively manage what they cannot change.

## Key Outcomes

Parents will leave:

- equipped with practical tools to manage themselves and the requirements outlined in their individual Case Plans;
- having had their questions heard and answered by professionals and others going through, or having successfully navigated the process;
- connected to appropriate services and a safe network;
- reflected on their situation in a safe and supportive environment, connecting with how things look from their child's perspective and empowered to make change.

# Workshop Pragmatics



## Target Audience

The workshop has two modes in single gender contexts:

1. parents with children on Assessment or Reunification Orders.
2. parents with children on Safety Plans.

## Measures and Principles



The Reily Foundation is committed to measureable outcomes that reflect genuine, relevant success. Through ongoing partnership with our stakeholders, grounded research practices and transparent engagement with parents, we utilise qualitative and quantitative surveys to constantly strive for success as measured by our core values. For the Reily Foundation, success means an increase in positive connection between parents and their children and the services in place to support healthy, life giving relationships. This connection is measured through increased

- capacity,
- communication, and
- collaboration.



## Guiding Research

- Parental engagement with services and the legal process is directly correlated with successful outcomes in parent-child relationships and reunification potential.
- Engagement is dependent on not only the internal skills and abilities of the parent but also external determinants such as circumstances, support, resources and the skills of social workers and therapists involved in the process and the relationship they have with the parent.
- An understanding of what an individual can and cannot control or change is linked to effective parent engagement and motivation.
- The compromising impact of stress on both self-regulation and executive functioning, which have been shown to be linked, means that engaging and building capacity in both areas should have a positive impact on parent ability to engage calmly and positively in case plan implementation.
- Utilising lived experience and a collaborative approach has been shown to maximise learning outcomes.

Cheng, R., & Smith, C. (2009). Engaging people with lived experience for better health outcomes: collaboration with mental health and addiction service users in research, policy, and treatment. Toronto: Ontario Ministry of Health and Long-Term Care.

Hofmann. (2012). Executive functions and self-regulation. *Trends in Cognitive Sciences.*, 16(3). <https://doi.org/10.1016/j.tics.2012.01.006>

Platt. (2012). Understanding parental engagement with child welfare services: An integrated model. *Child & Family Social Work.*, 17(2).

<https://doi.org/10.1111/j.1365-2206.2012.00828.x>

Trotter, C. (2002) Worker skill and client outcome in child protection. *Child Abuse Review*, 11, 38– 50.